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to bring together for you this book, Eskrima Street Defense. In my capacity as publisher I decided on the format and Bong, as the subject matter expert, ... Knife vs. Knife, 5) Bolo vs. Bolo, and 6) Improvised Weapons. These techniques are backed up with 20 key principles

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Knife Defense (Five Books in One): Knife Training Methods

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has swept the globe, causing the dead to rise and feed on

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C.O.R.E. Self Defense Manual

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