

### **cooking basics for dummies pdf**

Cooking Basics: Cooking Terms Boil: To heat liquid until bubbles break to the surface, or to cook in boiling water. Broil: To use direct heat to cook. Coat: To cover entire surface with a mixture, such as flour or bread crumbs. Core: Using a sharp knife, remove the core/seeds of a fruit. Cream: To stir one or more foods until they are soft.

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Getting Acquainted with Basic Cooking Techniques Recipes are full of terminology and techniques that new cooks may not be familiar with. At the heart of most recipes are some basic techniques, which we expand upon throughout this book in various sections. As a warm-up, however, here are the basic cooking techniques and what they involve.

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